

CONGRATULATIONS and JUBILATIONS TO OUR MAJESTY



SOME FACTS

Her majesty is the first British Monarch to reign for 70 years

Top of the leader board —

Louis XIV reigned for 72 years and 110 days

Johann 11 of Liechtenstein reigned for 70 years and 91 days

Queen Victoria reigned for 63 years and 7 months

George 111 reigned for 59 years and three months



At present the Queen is the third longest reigning Monarch in history. She has served her Country well and deserves immense gratitude from us all.

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BUS USERS SHROPSHIRE

Bus Users Shropshire is a voluntary organisation aiming to maintain bus services at their present level, or suggesting improvements in some situations.

We are affiliated to Bus Users UK and aim to work along their lines. We work with operators and the public transport department within Shropshire Council as well as the “Traffic Commissioner Pages” to produce a BUS CHANGES SHEET NORMALLY ONCE PER MONTH. This sheet is distributed electronically to operators, Tourist information, libraries, Bus User members and members of the public who are interested. If you would like a copy please request from bususersshropshire@hotmail.co.uk for free copies. We also produce a newsletter to members normally bi-monthly.

This year we aim to hold surgeries around the county so that members of the public can share their views on local routes. We have been involved with the BIG TOWN PLAN and FUTURE OSWESTRY and are pressing for new bus stations in Shrewsbury and Oswestry, these need to have adequate facilities (enough stands, layover area, passenger waiting, toilets, information newsagent and maybe a coffee shop)

Opposite are a selection of buses that you can see on the roads in Shrewsbury.

REMEMBER

Forgive your enemy
But remember his/her name.

ALCOHOL

Does not solve problems
But
Then again neither
Does milk.



LUCKY NUMBERS

It is time to start our next session
Of Lucky Numbers.

The form to take part is on the
Back page.

All monies raised goes to
The Charity after deducting the
Prize money.

Please support this fund raiser if you are able.

Thank you





Shropshire Theatre Organ Trust ... presents

WURLITZER

Theatre Organ Concert

Chris Powell at the Mighty Wurlitzer



Sunday 19 June 2022

2.30pm – 5pm (Doors open at 1.30pm)



**THE BUTTERMARKET
SHREWSBURY
Howard St, Shrewsbury, SY1 2LF**

RAFFLE
Refreshments
available

Admission £8 (Members £7)

Tel: 01902 895576 or 01743 872930

Email: darrenjones@hotmail.com

shropshiretheatreorgantrust.co.uk • facebook.com/ShropshireTOT

Registered Charity No: 702934

BE AWARE

I THINK WE WILL ALL AGREE THAT WE ARE GOING THROUGH TRYING TIMES. Financially a lot of people will be struggling. Sadly instead of pulling together a percentage of people use these times as an excuse to burgle and to scam.

It is important to always keep an eye out for scams. They can and do affect anyone.

Some of the main warning signs of scams to look out for are:

1. If it seems too good to be true it usually is. E.g. if you receive an email telling you your have won a competition you do not remember entering
2. Someone you don't know contacts you unexpectedly
3. You are being urged to respond quickly so you don't get time to think about it or talk to family and friends.
4. You have been asked to pay in an unusual way e.g. by bank transfer or gift vouchers
5. You have been asked to give out personal information.

If you think someone might be trying to scam you get advice. You can contact Citizens Advice consumer service for help with what to do next and report scams or suspected scams to Action Fraud.

You can check recent scams on Action Fraud's website and sign up for email alerts to find out about scams in your area—www.actionfraud.police.uk/news.

You can also find out about common financial scams on Financial Conduct Authority's website at www.fca.org.uk/consumers/protectyourself-scams

There are some simple steps you can take to protect yourself from scams

If you are not sure about something seek advice from a trusted source

1. Do not be rushed into making any quick decisions
2. Never give your personal details or money to anyone you do not know or trust. If someone pressures you for money or sensitive information like passwords or bank details it is most likely a scam.

3. Before you buy anything spend a few minutes checking the company or website you are using. You can read reviews from different websites, search for the company's details on gov.uk and take a look at their terms and conditions
4. Pay by debit or credit card. This gives you extra protection if things go wrong.
5. Be suspicious. Scammers may appear like a trusted business with a professional website and say all the right things. Take your time to work out if they are genuine. Ask them for ID or contact the organisation on a number you know and trust
6. Make sure your online antivirus software is up-to-date
7. Make your online accounts secure. Make sure you have a strong password for your email accounts that you don't use anywhere else.

Lots of scammers are using covid to trick people into giving them money or personal information they can use to commit fraud.

Scams to look out for include

- 1 Advertising face masks or medical equipment at high prices
- 2 Emails or texts pretending to be from the Government
- 3 Emails offering life insurance against coronavirus
- 4 People knocking on your door and asking for money for a fake charity.

To protect yourself against these scams

1. Make sure you only use trusted sources of information
2. If you see emails about covid from someone you do not know do not click on any links or buy anything
3. Do not give money or personal details to anyone you do not know or trust e.g. if someone knocks on your door and offers to help.

If you have been scammed do not be embarrassed, these people have no shame. Seek help. Contact your bank and let them know what has happened. Change any relevant log-in details and check for viruses if you were scammed on your computer.

Check if you can get your money back. If you have paid by card or PayPal depending on the circumstances they may be able to help you get your money back/.

Report all types of scams to Action Fraud the UK's national reporting centre for fraud. They will also give you a crime reference number which can be helpful if you need to tell your bank you have been scammed.

We came across this recently on social media and Thought we would share with those
do not do social media. It certainly takes you back.

TANNERS and BOBS

Back in the days of tanners and bobs
When Mothers had patience and Fathers had jobs.
When football team families wore hand me down shoes
And TV gave only two channels to choose

Back in the days of three penny bits
When schools employed nurses to search for your nits
When snowballs were harmless, ice slides were permitted
And all of your jumpers were warm and hand knitted

Back in the days of hot ginger beers
When children remained so for more than six years
When children respected what older people said
And pots were a thing you kept under the bed

Back in the days of Milligan's Goons,
When butter was butter and songs all had tunes
It was dumplings for dinner and trifle for tea
And your annual break was a day by the sea

Back in the days of Dixon's Dock Green,
Crackerjack pens and Lyons ice cream
When children could freely wear National Health glasses
And teachers all stood at the FRONT of the classes

Back in the days of rocking and reeling
When mobiles were things that you hung from the ceiling
When woodwork and pottery got taught in schools
And everyone dreamed of a win on the pools

Back in the days when I was a lad
I can't help but smile for the fun that I had
Hopscotch and roller skates, snowballs to lob
Back in the days of tanners and bobs



POSTAGE STAMPS

WHY STAMPS ARE CHANGING



The move is part of the Royal Mail's modernisation drive and barcoded stamps will help with their operational efficiencies, enable the introduction of added security features and help to reduce fraud.

Most stamps are being barcoded but not all.

All Definitive stamps are being barcoded including Christmas stamps. Definitive stamps are the regular 'everyday' stamps featuring the profile of HM The Queen.

Royal Mail aren't barcoding special issue stamps which are printed as a one off to commemorate a person/event—these remain valid as postage.

Although Christmas stamps are being barcoded previous years of non-barcoded Christmas stamps will remain valid as postage after 31st January 2023. Mail posted with non barcoded Definitive stamps after 31st January 2023 will be treated in the same way as if there is insufficient postage on an item. After 31st January 2023 customers should apply the correct value of barcoded stamps required to send their item.

Any item that has insufficient postage is subject to a surcharge. Surcharge fees can be found on the Royal Mail website.

None barcoded stamps can be used as postage up until 31st January 2023. If you are able to use them within this time that is great. If you aren't going to be able to use them up that is fine too, you can send them in to Royal Mail and they will swap them for barcoded stamps. The 'Swap Scheme' opened on 31st March, 2022 and you can pick up a 'Swap Out@' form from your local Delivery Office's Customer Service Point, print one off the Royal Mail website or contact Customer Experience on 0345774 0740 and Royal Mail will post one to you.

Money cannot buy happiness but it is more comfortable
To cry in a Rolls Royce than on a bike,

JUNE

This is the month of the shortest nights
And garden scents are heavy and sweet
Now the rose blooms, red, pink and white
Bright, glowing in the evening heat
(Oh, do let us hope this is true).

SOWING IN DRY WEATHER - There is always a chance we will get some dry weather so always water the bottom of the drill well prior to sowing your seeds. Then once sown and covered just give a light sprinkling of water on top to firm the seeds in.

POTTING ON TOMATOES—When potting on tomatoes dib the hole so that about half the stem under the first leaves is in the compost. Planting deeply like this encourages the little ‘hairs’ on the bottom of the stem to grow into roots. The more roots the more nutrients the plant can take up to make you more fruit per plant. This method also works for cabbages and cauliflowers etc.

Jobs—Prune your spring shrubs after flowering to keep them compact.

Plant out dahlia tubers and cannas after all risk of frost has passed.

Tie in the new shoots of climbing plants to their supports.

Continue sowing annuals such as California poppies into gaps in borders for colour from August into autumn. Keep your hanging baskets in a greenhouse or porch for a few weeks to establish before putting outside.

Plant out summer bedding and tender annuals, including sunflowers, cosmos and nasturtiums after the last frost.

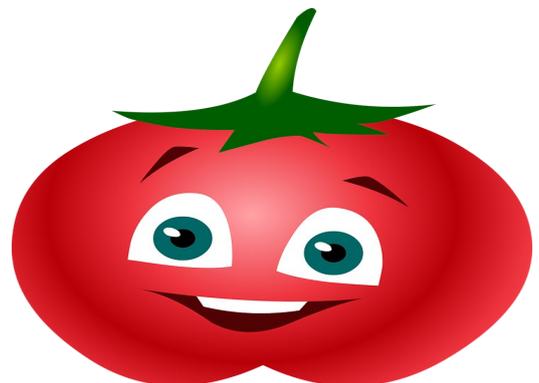
Remove faded spring bedding such as wallflowers and forget-me-nots and adds to your compost bin.

Harden off plants raised indoors but bring them inside at night to protect from last frosts.

It is a busy time in the gardening calendar but it will be worth it when your flowers are blooming and you are enjoying your produce.



Happy gardening.



WARTIME RECIPE
FISH ENVELOPE

Mashed potato pastry
8 tablessps flour
4 tablessps mashed potato
2 oz fart 12 tablessps cooked mixed veg
Salt and pepper
4 oz cooked or tinned fish, well drained
1/2 cup thick white sauce.

METHOD

Blend the flour and potato together, soften the fat slightly and blend in with the potato mixture. It is rarely necessary to add any water to bind. Roll out thinly and divide in two.

Spread one piece with the cooked vegetables masked and seasoned. Cream the fish with the white sauce and spread on the other piece of pastry. Put together and bake in a hot oven for 20-30 minutes. Eat hot or cold.

FISH BAKE

1 lb potatoes grated
Salt and pepper, 2 large grated onions
2 tablespns chopped parsley
11/2lb fish, cooked and flaked (cod, haddock, hake or mackerel)
1/4 pint milk

METHOD

Grease a shall casserole. Put a layer of grated potato on the bottom and season, add a sprinkling of onion and parsley, then a layer of fish. Continue filling the casserole like this ending with potato. Pour over the milk. Cover with a piece of greased paper and the ldi Bake for 30 minutes in a moderate oven.

RASPBERRY SPONGE PUDDING

3 heaped tbsp. raspberry jam
11 os fresh raspberries
8 oz unsalted butter
3 oz soft light brown sugar
3 Oz castor suga3 large eggs beaten
4 tbsp. scotch whisky
8 ox self raising flour
1/2 pint double cream

METHOD

Grease a 2 litre pudding basin with butter and line base with greaseproof paper Spoon the jam into the bottom of the basin and spread evenly. Arrange raspberries in a single layer on top allowing them to come slightly up the side of the basin Beat together the butter brown sugar and castor sugar until light and fluffy, gradually beat in the eggs and 2 tablesp. of whisky Fold in the flour into the creamed mixture and carefully spoon on tope of the raspberries and spread evenly

Cover the pudding basin with a sheet of foil pleated in the middle and secure with string. Steam pudding for 1 1/4—1 1/2 hours until well risen and a skewer when inserted into the centre comes out clean. Whilst the pudding is cooking whisk the remaining whisky with the double cream until it forms peaks. Add a teasp of castor sugar if wished. Cover and refrigerate until serving.

Carefully un-mould the pudding onto a serving dish and serve hot with the whisky cream.

BIRD WATCHING

In the Spring I watch the bird antics in and around my back garden. This year there are lots of blackbirds building nests. In my garden there are two nests and next door there's one in a leylandii tree that's been a bit hacked about. I suspect that another nest for hedge sparrows is in the process of being built in another of my shrubs.

I watch the blackbirds flying about with a variety of nest materials in their beaks looking like outsize moustaches! One morning I saw a blackbird with a pretty selection of cobwebs and dried leaves in its beak.

Over the years I have seen some amazing nests. Walking on a footpath one day a bird flew up almost at my feet. Close inspection showed a delicate nest strung between brambles and grasses. I had no idea what sort of bird it belonged to until turning the pages of my bird book one day revealed it was a blackcap nest. Then a couple of years ago I was shown a goldcrest nest that had blown down out of a tree. It was the size of a 50p piece and quite exquisite. It always amazed me to find such artistry made by a bird with just a beak to create it.

At this time of year (May) it is worth making the effort to wake up really early, say about 4.30 am to listen to the dawn chorus. They really shout their songs! I listen while I'm still in bed.

Jan Etchells



SHROPSHIRE SENIORS

Charity Number 1105512

LUCKY NUMBERS

£5 per entry

NAME

ADDRESS

.....

TELEPHONE NOAMOUNT ENCLOSED

(cheques made payable to SASCF)

Email

YOUR LUCKY NUMBER(S)

(Do not complete this section)

Please return form to:

Shropshire Seniors, The Old School House, Worthen, Shrewsbury SY5 9HT

Please return by 29th JULY 2022

Your lucky number(s) will be sent to you in due course

MANY THANKS AND GOOD LUCK

Please note under our Data Protection Policy the above details

Will only be used in relation to Lucky Numbers and

Will not be given or sold to a Third Party

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